

UNESCO Chair in Learning and Teaching Futures Literacy in the Anthropocene

Method mosaic

Title:	Future mail - Mail to the future me
Target audience:	Primary, Secondary
Time:	Approx. 2 hours
Goal:	Promoting awareness of a just future and understanding the impact of today's behaviour and choices
Topic:	E-mail to the future
Materials:	Paper or tablet

Brief description:

The "Future mail - Mail to the future me" method is designed to get students to envision a just future and identify current behaviours and decisions that could negatively impact this future. The findings are summarised in mails to the future self.

The key question of the teaching unit is: What can we do today to ensure that future generations look back favourably on our actions?

Introduction: Introduction to the concept of mail writing to the future self. Discussion of how envisioning a just future can help identify current actions that can positively or negatively affect that future.

Idea development: The students brainstorm ideas about what a just future could look like, and identify current behaviours and decisions that could positively influence this future.

Writing the mail: Students write mails to their future selves on computers or tablets, summarising their insights and wishes for a fair future. [Future.me](https://future.me) and [Zukunftsmail](https://zukunftsmail.at) are websites, where you can send mails that you will receive at the specified time in the future.

Presentation and discussion: The students present their mails to the class, share their visions of the future and the actions they think are necessary today to achieve these visions. This is followed by a class discussion about the different ideas and perspectives.

Citation suggestion:

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